

SARAH GROMKO, M.S., CCC-SLP

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PROFESSIONAL CLINIC EXPERIENCE

GENESIS REHAB SERVICES – October 2020 - Present (Quinnipiac Valley Center and Meriden Center, CT)

Skilled nursing evaluations, treatment, and advocacy for cognitive, language, motor speech, and dysphagia patients in the geriatric population as well as adults currently diagnosed or recovering from COVID-19.

REHABVISIONS – August 2018 - October 2020 (Dickinson, ND)

Worked in three settings:

ST. BENEDICT'S HEALTH CENTER – Primary Speech-Language Pathologist for 140-bed skilled nursing facility.

CHI ST. ALEXIUS HEALTH MEDICAL CENTER – Primary SLP for hospital: acute and outpatient rehab.

REHABVISIONS OUTPATIENT CLINIC – SLP for private, outpatient clinic.

With the following responsibilities:

- Evaluate and treat geriatric, adult, adolescent, and pediatric population with a wide variety of AAC, speech, language, cognitive, dysphagia, and voice disorders
- Collaborate with MDs, RNs, PTs, OTs, CNAs, dietitians, radiologists, other staff, and family for orders, education, recommendations, and care plans
- Represent SLP in all care conferences
- Provide in-services on dysphagia and oral care (various SNF and assisted living facilities in area)
- Collaborate with dietitians to transition to IDDSI from NDD
- Collaborate with radiologist on conducting Modified Barium Swallow Studies and evaluate/document results
- Document using SMART, Meditech, Raintree, and MatrixCare electronic medical record systems
- Supervise graduate student and clinical fellow, and provide guidance for high-school observers
- Marketing and outreach to providers for increased referrals resulting in 80% increase in caseload

GRADUATE CLINICAL EXPERIENCE

OCHSNER NEUROGENIC REHABILITATION – Summer 2018 (New Orleans, LA)

Hospital-based outpatient neurogenic center for aphasic, apraxic, dysarthric, cognitive, and voice clients.

OCHSNER VOICE CENTER – Spring 2018 (New Orleans, LA)

Hospital-based outpatient cancer center for clients including those with dysphonia, laryngectomies, tracheoesophageal prosthetics, and craniofacial anomalies.

- Clinic, procedural, and surgery observation with ENT
- Observe, assist, and conduct modified barium swallow studies, TEP changes, and stroboscopy
- Conduct therapy using Visi-Pitch, aerodynamic measurements, and specific protocols, such as PhoRTE

NEW ORLEANS SPEECH AND HEARING CENTER – Fall 2017 (New Orleans, LA)

Private practice specializing in underserved pediatric populations, in clinic and at elementary schools in inner city.

- Weekly speech and language screenings at elementary and pre-schools
- Bright School for the Deaf pre-K regular 5-client roster (2x a week)
- Good Shepherd School (low-income, urban children) regular 7-client roster of children with language, fluency, and articulation disorders
- Private practice regular 8-client roster of children ages 2 - 13 with severe language disorders (including non-verbal) and articulation disorders

SOUTHEASTERN SPEECH-LANGUAGE AND HEARING CLINIC – Spring, Summer 2017 (Hammond, LA)

University clinic focused on serving adults and children in rural Louisiana.

- Adult foreign language modification
- Group pre-K speech-language summer camp
- Adolescent treatment of Auditory Processing Disorder

CURRENT CERTIFICATIONS/LICENSES

AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION – Certificate of Clinical Competence

CONNECTICUT DEPARTMENT OF PUBLIC HEALTH – Active Speech Language Pathology License #6315

RHODE ISLAND STATE BOARD OF EXAMINERS – Active Speech Language Pathology License #SP01564

AMERICAN RED CROSS – Basic Life Support for Healthcare Providers Certification

LSVT LOUD – Certification

MBSIMP (MODIFIED BARIUM STUDY IMPAIRMENT PROFILE) – Certification

NATIONAL INSTITUTES OF HEALTH – Protecting Human Research Participants Certification

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EDUCATION

SOUTHEASTERN LOUISIANA UNIVERSITY – Graduation 2018 (Master of Science in Communication Sciences and Disorders)
BERKLEE COLLEGE OF MUSIC – Graduation 1999 (Bachelor of Music in Film Scoring, Summa cum Laude)

CONTINUING EDUCATION

RAD TEAMWORK: IMPROVING OUR COLLABORATION WITH RADIOLOGISTS – 2020

WHAT IS NORMAL SWALLOWING – 2020

COMPREHENSIVE CLINICAL SWALLOW EVALUATION – 2020

LSVT LOUD RENEWAL COURSE – 2020

THE VIRTUAL CLINICIAN: VOICE CARE IN AND ONLINE WORLD – 2020

ETHICAL AND LEGAL ISSUES IN GERIATRIC REHABILITATION – 2020

MBSIMP: AN EVIDENCE-BASED PROTOCOL TO STANDARDIZE DYSPHAGIA – 2020

KNOWLEDGE, SKILLS, AND COMPETENCIES FOR SUPERVISION – 2020

STARTING OUT IN TELEPRACTICE – 2019

NINE BUILDING BLOCKS OF SUPERVISION – 2019

ASSESSMENT AND TX OF HIGHER LEVEL COGNITIVE-COMMUNICATION DISORDERS AFTER ABI (MACDONALD) – 2019

IDDSI: TRANSITIONING TO THE INTERNATIONAL DYSPHAGIA DIET – 2019

INNOVATIONS IN DYSPHAGIA REHABILITATION – 2019

PRESENTATIONS

DYSPHAGIA WITH PARKINSON'S DISEASE – 2019 Inservice: Hawk's Point Assisted Living Parkinson's Support Group, ND

ORAL CARE IN THE SKILLED NURSING FACILITY – 2019 Inservice: Bowman Skilled Nursing Center, ND

MUSIC THERAPY IN SPEECH-LANGUAGE PATHOLOGY INTERVENTIONS

- 2018 Presentation, Louisiana Speech-Language and Hearing Association Annual Conference: Lafayette, LA
- 2018 Poster, Southeastern Louisiana University Student Showcase: Hammond, LA
- 2017 Flash Presentation, American Speech-Language Hearing Association National Conference: Los Angeles, CA
- 2017 Poster, American Speech-Language Hearing Association Connect – Private Practice: New Orleans, LA

TECHNICAL SKILLS

ELECTRONIC MEDICAL RECORDS – EPIC, MatrixCare, Meditech, Raintree, SMART, Optum, Point Click Care

SCREENS AND EVALUATIONS – Audiogram interpretation, BCAT, CAPE-V, Compton's PAFA, Cranial nerve examination, CSE, CELF-5, CLQT, ELMS, FAVRES, FAVRES-S, Fluharty-2, Geriatric Cognitive screening, GFTA-3, Geriatric Informal Reading Inventory, KLPA-3, MBSS, MMSE, MoCA, MoCA-B, MoCA-Blind, Oral mechanism exam, PLS-5, Pure tone hearing screening, QAB, REEL-3, RIPA, RIPA-G: 2, SLUMS, SSI-3, TOAL-3, TOLD-I, TOLD-P, TAPS, WAB

FORMAL TREATMENTS – AAC, CAAST, Diet modifications (IDDSI and NDD), Effortful Swallow, Mendelsohn Maneuver, Masako Technique, Lax Vox, LSVT-LOUD, MIT, ORLA, PhoRTE, RET, Resonant Voice Therapy, Rhythmic Pacing, Script Training, Semantic Feature Analysis Training, SPECAL, SPT, TEP management, Vocal Function Exercises, VNeST, WRC

SOFTWARE/HARDWARE – AAC, ACP Synchrony, Audiometry, Flexible stroboscopy, LSVT Companion, Microphone, Nasometer, Optix vision screening, Praat, Rigid and flexible stroboscopy, Sound level meter, Visi-Pitch

PROFESSIONAL ORGANIZATIONS

MEDICAL SLP COLLECTIVE – 2020 - Present

AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION – 2015 - Present

- *Special Interest Group 3 (Voice and Voice Disorders) Member* – 2017 - Present
- *Special Interest Group 2 (Neurogenic Communication Disorders) Member* – 2020 - Present
- *Special Interest Group 13 (Swallowing and Swallowing Disorders) Member* – 2020 - Present
- *National Student Speech-Language-Hearing Association Member* – 2015 - 2018
- *Special Interest Group 19 (Speech Science) Member* – 2015 - 2018
- *Student Volunteer* 2017 ASHA Convention